# Home Vegetable Gardening 

Planning for both warm and cool seasons

## Some Basic Rules

- Plant only the space you can maintain
- Plan, then plant
- Grow high-value crops
- Pick crops appropriate to your climate and season
- Site selection
- Soil preparation
- Harvest at right time


Square foot gardening
Most efficient use of space.


| 8 | ${ }^{7}$ | 4 | 9 |
| :---: | :---: | :---: | :---: |
| 4 | \% | 4 | 3 |
| 1 | 4 | 7 | 4 |
| $\frac{3}{7}$ | 4 | 4 | 1 |

Cabbage


Swiss Chard


| \% $\%$ | \% | \% | \% |
| :---: | :---: | :---: | :---: |
| $\%$ | \% | \% | \% |
| $\%$ | ${ }^{8}$ | \% | \% |
| \% | \% | \% | \% |



## Square foot gardening plan

Planting charts available online or in Square Foot Gardening book

## Summary

- Plan around $4 \times 4$ foot raised beds, 3 feet apart
- Use planting chart to aid planning process
- Plant for value: herbs, fresh tomatoes, salad
- What to know about 'heirlooms'
- Site needs water, drainage, sun, and accessibility
- Improve your soil


## Limit size of your garden




## Still too big...

You don't need a community garden in your backyard.


## To heck with it!

'Apocalypse Now'


Four 4x4 beds can produce a lot
Vertical support can be added.




Hardware cloth excludes gophers and moles


## Copper tape as slug and snail barrier

Decollette snails feasting on brown garden snail


Peppers, squash, tomatoes, and basil
Replace spent plants with new planting.


Another option for vertical support

## Crops for vertical growing

- Tomatoes
- Squash
- Cukes
- Beans
- Peas
- Melons


Brandywine Tomato

## Locating your garden

- Convenient to kitchen
- Water source
- 6 hours sun per day
- Protected
- Good drainage
- No tree roots, other obstacles


## Soil Preparation

- Compost or planter mix
- Add organic material (cow manure, chicken manure, kitchen waste)
- Start your own compost pile
- Dig and turn over only if adding amendments


## Composting

- Commercial or homemade bin
- Suitable materials
- What not to compost
- Keeping pile aerated and moist
- Vermicomposting kitchen waste
- Master composters


## Plant from seed or starts?

- Seed directly:
- Corn
- Squash
- Roots (radish, carrot, parsnip)
- Greens: lettuce, chard
- Some herbs: dill, chives, cilantro
- Anything with a large seed works well direct seeded.


## Plant from started seedlings

- Tomatoes
- Eggplant
- Pepper
- Basil
- Anything with a long germination time
- If starting from seed, start indoors under grow lights in January/February to plant outside after March 15



## Seed starting

Home and garden centers, nurseries, hydroponic supply stores


Bottom heat speeds germination
Keep watered - will dry out quickly.


Frost protection with wall o' water
Last official frost date is March 15


## Pests and problems

Snails and slugs -
Use Sluggo, beer, or bribe your kids to hand pick them


## Cutworms

B.T. caterpillar killer or hand remove


Aphids
Eliminate ants, then encourage natural enemies.


Cabbage looper


Leaf miner


University of California Agriculture and Natural Resources

